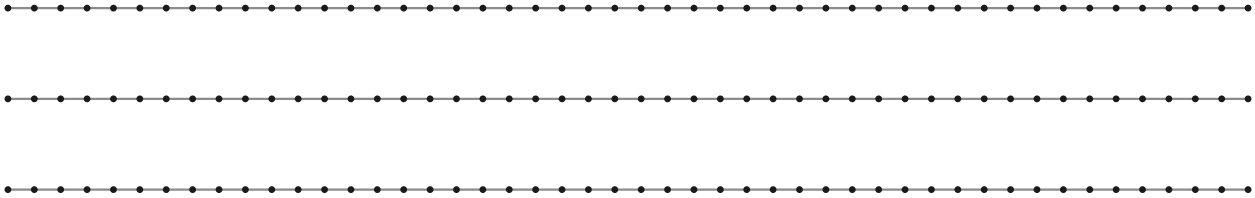
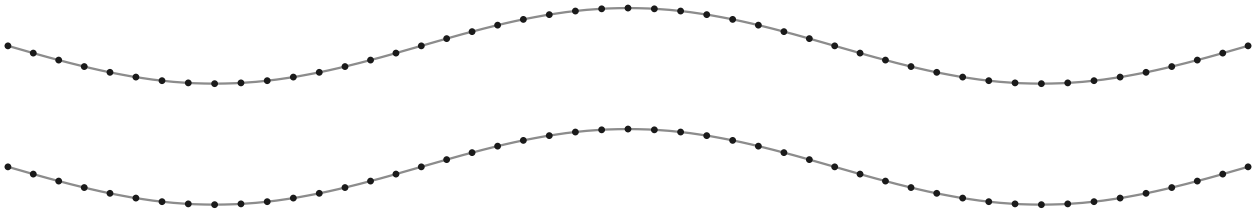
Chain stitch: Practice Sheet

Trace the lines onto fabric. Each loop runs from one dot to the next - A4

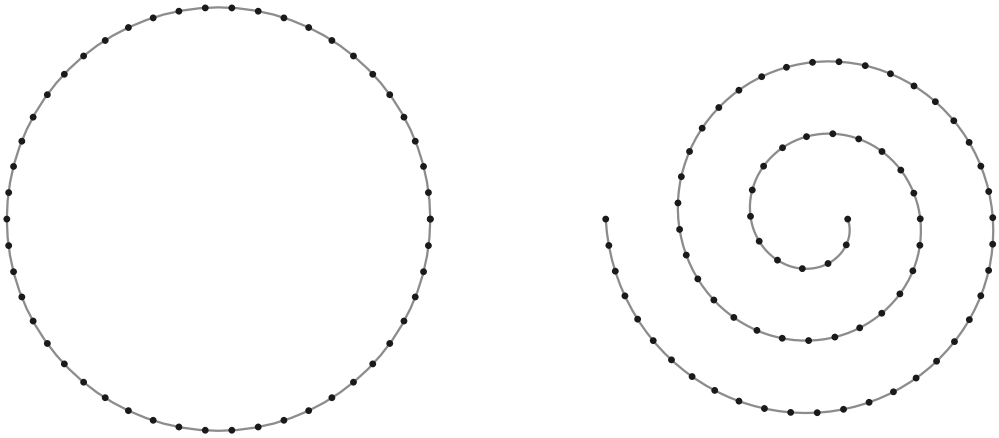
Straight



Gentle curve



Circle and spiral





<- must measure exactly 5 cm. Print at "Actual size" / 100%, not "Fit to page".

Whole sheet: about 360 loops, 5 m of floss.

Do not stitch the dots; they only show where the needle goes.

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